

Which NHS Health Scotland resources are in scope for the redesign?

- [Ready Steady Baby!](#) (RSB)
- [Ready Steady Toddler!](#) (RST)
- [Resources for parents with learning disabilities](#), produced by CHANGE
- [Young Parents Survival Guide](#)

Can you send me hard copies of the resources, survey questions, info sheet/consent forms and return envelopes?

Yes, email: sally.dowie@nhs.net before 26th February 2016 to request copies of what you need.

Is it ok to focus on just one resource or focus generally on information needs?

It is flexible, dependant on the interests and needs of the parents you are working with. You can discuss generally what formats people like to receive information in or where they seek information and support e.g. social media. Or you might pick out one resource that is relevant to the age range of their children (RST rather than RSB), or to particular communication needs, such as the CHANGE materials.

How are you planning to be representative in gathering views from all types of parents from different communities?

This first phase of involvement is relying on the volunteers from across Scotland from our professional engagement events in October 2015. When we have received the feedback you have been able to gather, we will assess what groups of parents are represented, then seek to address the gaps by conducting more targeted engagement. This will be supported by our use of [Health Inequalities Impact Assessment](#) guidelines, which ensure systematic consideration of all equality characteristics and other determinants which we know are linked to poor health outcomes and health inequalities.

How should I collate responses?

The consultation questions have been written so that they can be completed independently by an individual, as a survey, or in an interview or group discussion, with a facilitator taking notes. You do not need to type or compile responses, just post to our administrator who can type these up. Post to: Moira Thomson, NHS Health Scotland, Meridian Court, 5 Cadogan Street, G2 6QQ.

How can I find out more about the aims and timescales for the redesign?

Contact Debbie.Sigerson@nhs.net, Project Manager, 0141 4142716 or visit www.maternal-and-early-years.org.uk/topic/background/redesigning-health-information-for-parents-rehip

Step-by-step guide to ReHIP engagement with parents

First:

1. Read this Q&A, decide you'd like to be involved, and make a plan.
2. We'd love to hear what you are planning – let us know. Ideally, it would be helpful if you could conduct the engagement before the end of March 2016.
3. Set up a group meeting with your parents/carers or identify an existing session where you could go along to talk to them about parenting resources. Alternatively, you can also choose to do this one-to-one – whatever is appropriate. The information sheet/consent form has a quick summary of the project for parents.
4. You will be thinking about practical arrangements; access issues, childcare, any refreshments you wish to provide. Let us know of any costs which may be a barrier, which NHS Health Scotland may be able to help with.
5. Order any resources that you might need for the sessions by emailing sally.dowie@nhs.net or calling by 0131 314 5361
6. If you are planning a focus group session, arrange for someone to make notes, or for a recording to be taken – written permission would need taking to record the session.

On the day/days:

7. Use the parent information sheet form to explain to participants about the project. Please ensure that they understand that what they say will be shared with NHS Health Scotland but that their answers will be anonymous. Ask them to sign the consent form and reassure them that they can stop or leave the session at any time.
8. Explain to them that NHS Health Scotland may like to contact some parents directly again later in the year to help us make decisions about the new products. If people may be interested in being involved in the future – ask them to fill in the separate form with their details. This should be kept separately from their answers to the questions.
9. Use the survey questions as a discussion guide with a group parents, or one-to-one and the resources you have ordered as a prompt and visual aid.
10. Please thank parents on our behalf for coming.
11. Make any additional notes yourself after the session if you think that there are any emerging themes. To help our analysis we'd also be interested to know any general features about the participants – for instance, were they young parents, grandparents, foster carers, from a particular community, etc. But please make sure you don't divulge any personal details to help us keep participants anonymous.

After the sessions:

12. Please send us the material you have collected – completed consent forms, separated consent forms for future participation, any notes or recordings of the discussion and completed questionnaires. The data collected will only be used for the purposes of this project.
13. You don't need to type it up or do any analysis. We are happy to do that for you, just send to our administrator by Royal Mail Special Delivery post who can type these up. Post to: Debbie Sigerson, NHS Health Scotland, Meridian Court, 5 Cadogan Street, G2 6QQ.
14. We will be in touch again after we have analysed all the responses from parents across Scotland, and you will hear how this evidence will inform decisions about the new products. **Thank you very much for gathering these important insights.**