

<p>Characteristics of the parents – e.g. young, lone, low income etc</p>	
<p>1. Please tell us a little about your family. How old is your child/children? How many weeks pregnant?</p>	
<p>2. What is the best thing about being a parent (or if you are pregnant, what do you think will be the best thing?)</p>	
<p>3. What is the hardest thing about being a parent? (or if you are pregnant, what do you think will be the hardest thing?)</p>	
<p>4. Have you read either Ready Steady Baby!/Ready Steady Toddler!/CHANGE resources/Young Parents Guide? Yes/No What do you think about the resource? You might want to tell us about how you received them, about the most useful topics, the layout/style of it, and what could be improved.</p>	<p>If yes, name of resource (s) commenting on:</p>
<p>5. Ready Steady Baby!, covers pregnancy and the first year of a child's life.  NHS Health Scotland is considering dividing this up into two publications, one on pregnancy, and one covering 6 weeks to 2.5 years. What do you think about this?</p>	

<p>6. How important is it to you is it to have a <b>printed copy</b> of health information resources? Tell us how you use it, for example, reading ahead, dipping in and out or when a health professional last referred you to information in it?</p>	
<p>7. Do you use <b>websites, (inc. video clips)</b> to find health and parenting information and advice? Tell us about which websites and when you last went online to search for information or support.</p>	
<p>8. Do you use <b>social media</b> (e.g. Facebook, netmums) for support from other parents on parenting issues? Tell us about how you use these.</p>	
<p>9. Have you used the Ready Steady Baby app? If yes, how did you find it? Do you use any other health/parenting related <b>apps</b>?</p>	
<p>10. We currently don't have a parenting resource covering the preschool years 2.5-5 years – what topics do you think parents need information on during this time?</p>	
<p>11. What else could be provided by the NHS to help you in your parenting role?</p>	

**Thank you**