

**Information Sheet:** Redesigning Health Information for Parents



NHS Health Scotland would like to invite you to get involved in our project to redesign health information for parents. We would like you to tell us what you think by taking part in a group discussion or completing a questionnaire. All parents in Scotland are able to take part. We will go through this information sheet with you, to help you decide whether or not you would like to take part and answer any questions you may have.

**What is the project about?** We need to decide the best way to provide the information parents need during pregnancy, the toddler years and preschool. We are interested in your views on how we might improve:

- [Ready Steady Baby!](#)
- [Ready Steady Toddler!](#)
- [Resources for parents with learning disabilities](#)
- [Young Parents Survival Guide](#)

We would also like to hear from parents about what health and parenting topics you need to know about and what format you would like to receive this information: whether printed, digitally, or face-to-face.

Taking part is entirely voluntary. If you choose not to take part it will not affect the care you receive from any service and you can pull out at anytime. The feedback we gather from parents will be summarised in a report, with anonymous quotes, and will inform the design of new resources.

**To find out more** contact [Debbie.Sigerson@nhs.net](mailto:Debbie.Sigerson@nhs.net), Project Manager, 0141 4142716 or visit [www.maternal-and-early-years.org.uk/topic/background/redesigning-health-information-for-parents-rehip](http://www.maternal-and-early-years.org.uk/topic/background/redesigning-health-information-for-parents-rehip)

February 2016

Redesigning Health Information for Parents:  
**Participant Consent Form** February 2016

Please tick the box:

1. I confirm that I have read the information sheet, and have had the opportunity to ask any questions and have had these answered.	
2. I understand that my participation is voluntary and that I am free to withdraw at any time without giving any reason.	
3. I understand that the data collected for this project will be securely transferred to NHS Health Scotland.	
4. I agree to the use of anonymised quotes in publications.	
5. I agree to take part in Redesigning of Health Information for Parents project.	

\_\_\_\_\_  
Name of participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Name of research partner

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

