




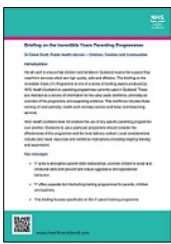

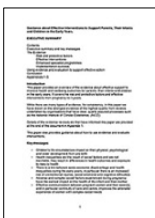













## Evidence Summaries


<p><b>Evidence Summary: Public health interventions in response to substance misuse (drugs) to support parents, their children and young people up to 25 years (2014)</b></p> 	<p>NHS Health Scotland have published their latest evidence summary on public health interventions to support parents, their children and young people up to 25 years. This report has a focus on interventions relating to substance misuse (drugs). It was developed to support the Scottish Government's review of health visiting and school nursing, and is relevant for planners, service managers and practitioners working in maternity care and wider early years services as well as in health visiting and school nursing services.</p> <p><a href="http://www.healthscotland.com/documents/24075.aspx">http://www.healthscotland.com/documents/24075.aspx</a></p>	<p>Dr Kate Woodman Dr Eileen Scott Elinor Dickie</p>
<p><b>Outcomes Framework for Scotland's National Parenting Strategy (2014)</b></p> 	<p>An outcomes framework for Scotland's National Parenting Strategy to support an approach that is focussed on the key results we want to achieve, and aligning the intended outcomes for the strategy with the Scottish Government's National Performance Framework. It provides a useful way to identify how partners might work together to achieve shared outcomes. This includes the logic models and accompanying evidence as well as some other 'tools' to help with outcomes planning.</p> <p><a href="http://www.healthscotland.com/documents/23093.aspx">http://www.healthscotland.com/documents/23093.aspx</a></p>	<p>Neil Craig</p>
<p><b>Evidence Summary: Interventions to support parents of older children and adolescents (2014)</b></p> 	<p>This rapid review presents an overview of highly processed evidence about interventions to support parents of older children and adolescents that improve health and wellbeing outcomes. The included evidence mainly covers parents of children and adolescents from the age of 7–19.</p> <p><a href="http://www.healthscotland.com/documents/23153.aspx">http://www.healthscotland.com/documents/23153.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Briefing on Child Poverty (2013)</b></p> 	<p>This briefing is one of an occasional series which explore topics of current interest and provides an introduction to concepts and current thinking. It explores child poverty and its relationship to health and wellbeing</p> <p><a href="http://www.healthscotland.com/documents/20578.aspx">http://www.healthscotland.com/documents/20578.aspx</a></p>	<p>Wendy Macdonald, Dr Sheila Beck and Dr Eileen Scott</p>
<p><b>Briefing Paper – Play (2013)</b></p> 	<p>This is another paper an occasional series which explores topics of current interest. It is developed for professionals and front line staff who are responsible for delivering play opportunities to children. It aims to increase understanding and provides evidence about the benefits of play in children's development. It covers the following:</p> <ul style="list-style-type: none"> <li>• What is play</li> <li>• Why play is important</li> <li>• Barriers to play</li> <li>• The play environment</li> <li>• Promoting play</li> </ul>	<p>Graeme Scobie</p>

	<a href="http://www.healthscotland.com/documents/22389.aspx">http://www.healthscotland.com/documents/22389.aspx</a>	
<p><b>Briefing papers on parenting programmes (2013)</b></p> 	<p>This suite a briefing papers reviews the evidence of effectiveness of “branded” parenting programmes:</p> <ul style="list-style-type: none"> <li>• PPP</li> <li>• Incredible Years</li> <li>• Family Nurse Partnership</li> </ul> <p><a href="http://www.healthscotland.com/documents/21625.aspx">http://www.healthscotland.com/documents/21625.aspx</a></p>	<p>Dr Eileen Scott</p>
<p><b>Peer Support for Breastfeeding: Guidance for Scotland (2013)</b></p> 	<p>This guidance is intended to inform professionals in Health Boards, and voluntary sector agencies who have responsibility for local breastfeeding activities, about the most up-to-date policies and evidence about breastfeeding peer support. Acknowledging that professionals will need to use their judgment and take account of community populations and their specific needs, the guidance is not intended to be prescriptive, but rather to guide local activities, as Health Boards and voluntary sector agencies continue to support mothers to give their infants the best start in life.</p> <p><a href="http://www.healthscotland.com/documents/22529.aspx">http://www.healthscotland.com/documents/22529.aspx</a></p>	<p>Dr Kate Woodman</p>
<p><b>Guidance about Effective Interventions to Support Parents, Their Infants and Children in the Early Years. (2013)</b></p> 	<p>This paper provides an overview of the evidence about effective support to improve health and wellbeing outcomes for parents, their infants and children in the early years. It covers the risk and protective factors and effective interventions from pregnancy to 5 years.</p> <p><a href="http://www.scotland.gov.uk/Resource/0041/00413580.pdf">http://www.scotland.gov.uk/Resource/0041/00413580.pdf</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Evidence Summary: Public health interventions to support mental health improvement (2012)</b></p> 	<p>This report presents a summary of highly processed evidence related to public health interventions to support mental health improvement from pre-birth through to 18 years.</p> <p><a href="http://www.healthscotland.com/documents/23256.aspx">http://www.healthscotland.com/documents/23256.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Evidence Summary: Pregnancy and complex social factors (2012)</b></p>	<p>This report presents a summary of highly processed evidence related to the provision of additional support during pregnancy to improve the use of antenatal care services among women who experience complex social factors.</p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>

	<p><a href="http://www.healthscotland.com/documents/23254.aspx">http://www.healthscotland.com/documents/23254.aspx</a></p>	
<p><b>Evidence Summary: Public health interventions to promote maternal and child nutrition (2012)</b></p> 	<p>The evidence presented here is a summary of the evidence reviewed in support of Public Health Guidance 11 “Improving the nutrition of pregnant and breastfeeding mothers and children in low-income households” that was published in March 2008.</p> <p><a href="http://www.healthscotland.com/documents/23252.aspx">http://www.healthscotland.com/documents/23252.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Evidence Summary: Public health interventions to support smoking cessation and prevention of uptake (2012)</b></p> 	<p>This report presents a summary of highly processed evidence related to public health interventions to support smoking cessation and smoking prevention. Interventions are targeted at pregnant women and their partners, brief intervention support targeted at all age groups, and children of school age 5-18 years</p> <p><a href="http://www.healthscotland.com/documents/23255.aspx">http://www.healthscotland.com/documents/23255.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Evidence Summary: Public health interventions to prevent unintentional injuries among the under 15s (2012)</b></p> 	<p>This evidence summary presents a summary of highly processed evidence related to public health interventions to prevent unintentional among children and young people aged less than 15 years.</p> <p><a href="http://www.healthscotland.com/documents/23253.aspx">http://www.healthscotland.com/documents/23253.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Evidence Summary: Public health interventions to improve weight management during and after pregnancy (2012)</b></p>	<p>This report presents a summary of highly processed evidence related to public health interventions to improve weight management during and after pregnancy</p> <p><a href="http://www.healthscotland.com/documents/6031.aspx">http://www.healthscotland.com/documents/6031.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>

		
<p><b>Evidence Summary: Looked After Children (2012)</b></p> 	<p>This review gathers together the views of looked after children and young people, their families and carers about the care system, derived from quantitative and qualitative reviews.</p> <p><a href="http://www.healthscotland.com/documents/5972.aspx">http://www.healthscotland.com/documents/5972.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Evidence summary: Interventions to support parents, their infants and children in the early years (pregnancy to 5 years) (2012)</b></p> 	<p>This review focuses on the effectiveness of interventions to support parents, their infants and children in the early years (pregnancy to 5 years). The evidence overview was produced in conjunction with the development of the outcomes framework to inform the activities of the National Parenting Strategy.</p> <p><a href="http://www.healthscotland.com/documents/6089.aspx">http://www.healthscotland.com/documents/6089.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Attachment Briefing for Professionals (2012)</b></p> 	<p>Launched in 2012. The information is relevant to staff working at all levels working with children and families to inform and increase understanding of the theory and practice of promoting secure attachment.</p> <p><a href="http://www.healthscotland.com/documents/5755.aspx">http://www.healthscotland.com/documents/5755.aspx</a></p>	<p>Eileen Scott</p>
<p><b>Asset based approaches to health improvement (2011)</b></p> 	<p>Another in the series of occasional briefing papers, this paper explains what is meant by asset-based approaches and summarises what is already known about their potential for improving health.</p> <p><a href="http://www.healthscotland.com/documents/5535.aspx">http://www.healthscotland.com/documents/5535.aspx</a></p>	<p>Kate Woodman &amp; Dr Eileen Scott</p>
<p><b>Improving Maternal and Infant Nutrition – Rationales for the Action Plan Activities in the Draft Framework (2010)</b></p>	<p>This document is intended to supplement and support the Maternal and Infant Nutrition Strategy Group's Action Plan.</p> <p><a href="http://www.healthscotland.com/documents/4687.aspx">http://www.healthscotland.com/documents/4687.aspx</a></p>	<p>Dr Kate Woodman</p>

		
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<p><b>Antenatal Inequalities rapid review (2011)</b></p> 	<p>The aim of the rapid review was to provide an overview of the current highly processed evidence in relation to antenatal health inequalities. Additionally, the review aimed to highlight issues associated with health inequalities during pregnancy that needed to be addressed in the course of planning effective interventions or actions.</p> <p><a href="http://www.healthscotland.com/documents/4919.aspx">http://www.healthscotland.com/documents/4919.aspx</a></p>	<p>Dr Kate Woodman &amp; Dr Eileen Scott</p>
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